

## For Immediate Release

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### **Rockland Council on Alcoholism and other Drug Dependence, Inc. celebrates September is National Alcohol and Drug Addiction Recovery Month Join the Voices for Recovery: Real People, Real Recovery**

Nanuet, New York, September 1, 2008- For the 22.6 million people in the United States who suffer from addiction disorders, asking for help and finding treatment is essential to getting back to a healthy, fulfilling life through recovery. The mission of National Alcohol and Drug Addiction Recovery Month is to spread awareness of how important it is to make treatment accessible and to support those in recovery. The Rockland Council on Alcoholism and other Drug Dependence, Inc. (RCADD) is hosting two National Recovery Month events. RCADD hopes that by bringing together recovering individuals, their families and community supporters, who have helped them achieve recovery, that they can further support and encourage others on the road to recovery. Recovery Month is a nationwide celebration of people in long-term recovery from substance use disorders and their families and is supported by the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services.

On Saturday, September 20, 2008, the Rockland County Recovery Rally will be held at the Rockland County Community College. The rally will begin at 10:00AM. The Rockland Council on Alcoholism and other Drug Dependence, Inc., along with the Rockland County Department of Mental Health, Rockland County Community College, the Mental Health Association, CANDLE, Inc, Haverstraw Reach-out, and Daytop Family Association, will host this gathering of all people in recovery, their families, friends and other community supporters. The event will feature a proclamation to announce "September is National Recovery Month", several guest speakers, family-friendly activities, a DJ, informational tables and a motorcycle ride-in. **This is a free event and opened to all people who support recovery from addiction disorders.**

On Tuesday, September 23, 2008 RCADD will host a [Recovery Breakfast](#) at the Comfort Inn & Suites, 425 East Route 59, and Nanuet, New York. "Supporting Addiction Recovery is Good Business" is the theme of the breakfast. The program will include a keynote address by Robert Lindsay, President of the National Council on Alcoholism and other Drug Dependence, Inc. A panel discussion, including guest panelists Honorable Harriet Cornell (Chairwoman, Rockland County Legislature), Liz O'Halloran, (Human Resources, Orange & Rockland Utilities, Inc.), Susan Mazzarella, (Nyack Hospital Employee Assistance Program), Dr. Michael Popp, Lower Hudson Valley Building & Construction Trades Employee Assistance Program), and Ruth Bowles, (Executive Director, RCADD), will talk about how Rockland County business supports addiction recovery. The panel moderator will be Barbara Tabala, Director, Lexington Center for Recovery. Reservations for the breakfast are available by calling, faxing or emailing your name, agency/organization, and the number of reservations to RCADD. Individual seating can be reserved for \$20.00 and a reservation for a table of 10 is \$180.00. Agencies/organizations who would like to display their programs, services and/or information pertaining to treatment/recovery of substance use disorders can purchase an exhibitor's tables for \$50.00. Exhibitor tables are limited and are on a first come first serve basis. Please call or email the RCADD at 845-215-9788/email at [help@rcadd.org](mailto:help@rcadd.org)/fax 845-215-9788. This event is opened to the entire Rockland County community.

"By assisting those in need of treatment onto the path of recovery, we not only aid them in regaining their lives, but also can help their families on a path of their own recovery from addiction's impact, which will benefit the entire community", said Ruthie Bowles, Executive Director of the Rockland Council on Alcoholism and other Drug Dependence, Inc. Ruth Bowles goes on to say, "Treatment for substance use disorders is effective and necessary to sustain a healthy and productive society. Substance use disorders take an enormous toll on our community and it is time that we support those who need our help. Real people in our community are affected by substance use disorders. The renewed hope that springs from long-term recovery truly can make a difference in helping more families get healthy."